

The Equine Angel



Our presenter for our second exciting clinic will be Raph Kennedy who is an Equine Biomechanics Specialist with many qualifications in her field. She has run a successful practice for the past 15 years, actively treating horses from competitive, riding school and pleasure horses...

Equine biomechanics is musculoskeletal work focusing on correct soft tissue function, aiming to keep your horse's body as mobile and functional as possible. This helps your horse perform at his best as well as minimising joint overload caused by compensation from postural imbalances. Horses having regular treatments tend to "last longer". Biomechanics also aids in managing and preventing injuries, identifying problem areas and optimising performance.

Raph works on the principle that bones can't move themselves. Soft tissue in spasm can interfere and restrict your horse's movement, softness and performance.

Raph includes acupuncture, Photonic therapy, Myofascial Release, Spectravet Laser, Craniosacral Therapy, Ultrasound therapy, Emmett Therapy, Lymphatic drainage and massage therapy in her treatment of horses

Signs your horse needs a biomechanics treatment

- stopped bending and flexing to one side
- unable to pick up the correct canter lead
- unable to hold a frame
- has your good lengthening gone
- has your horse started refusing at jumps
- is your lateral work becoming one sided
- suddenly become girthy or difficult to shoe
- takes forever to warm up
- poor saddle fitting or shoeing

A biomechanics specialist can help to address these problems and help your horse reach and maintain his potential by increasing your horse's comfort and mobility which decreases their resistance

Some of the points of discussion will be:

- HOW can you tell if your horse has an issue?
- WHY do horses get sore?
- WHAT can you do about it?
- WHEN should you get Professional help?
- WHERE are your horse's trouble spots?

www.equineangel.com.au

Do come and join us for a fun filled evening of discussion and demonstration on equine biomechanics – Raph will be happy to answer any of your questions

Even if you don't think your horse needs to have a Biomechanic treatment - do come and look and learn about how a horse should move when free of restrictions

- **Monday evening 1st August 2016**
- **4 30 for a 5pm start**
- The cost of the clinic will be **\$27.50 per adult and \$17.50 per child** - this will include a light meal and cold drinks
- Please **RSVP** by 27th July to **Sheryl on 0410 536 755** or equestriancentre@shibumi.net.au for catering purposes
- Please let me know too if you have any dietary needs

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